

Better Health Starts At Home Public Consultation Information

At midday on Monday 26 June 2017, the four Derbyshire Clinical Commissioning Groups will begin consulting Derbyshire patients on proposed changes to prescriptions and medicines. 'Better Health starts at home' sets out proposals to make changes to the prescribing policy across Derbyshire. The consultation will end on Friday 1 September. Derbyshire has a total of 118 GP practices and in 2016/17 the four Derbyshire Clinical Commissioning Groups paid out over £150 million on GP practice prescriptions. Of this, it is estimated that over £3 million was spent on medicines that are available to buy over-the-counter and which are only used for illnesses that often get better without any treatment.

'Better health starts at home' proposes changes to:

- Prescribing treatments for short-term, minor conditions – it is important to note that there is no planned change to the management of long-term conditions
 - Prescribing treatments and medicines where there is no clinical need for treatment
 - Prescribing products where there is insufficient evidence of benefit or cost effectiveness
- Under proposals put forward the four Derbyshire Clinical Commissioning Groups would ensure:
- Support is given to patients to improve their understanding about medicines and how they can look after themselves better
 - Medicines and products are not prescribed which are not proven to be effective
 - Medicines and products are not prescribed for short-term, minor conditions and illnesses
 - The prescribing budget is only used for medicines and products which have a clear evidence base of working for most patients
 - Healthcare staff are supported to enable effective signposting of patients to further help with medicines or to help them find local patient support groups

For more information please telephone North Derbyshire CCG on 01246 514 176 or contact by email at enquiries@northderbyshireccg.nhs.uk.

Information about the consultation is also available on the following websites along with a feedback questionnaire

www.surveymonkey.co.uk/r/betterhealthderbys

www.northderbyshireccg.nhs.uk

www.hardwickccg.nhs.uk

www.erewashccg.nhs.uk

www.southernderbyshireccg.nhs.uk

Many thanks

North Derbyshire Clinical Commissioning Group
Erewash Clinical Commissioning Group
Hardwick Clinical Commissioning Group
Southern Derbyshire Clinical Commissioning Group